


A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. The background is a bright, glowing light, possibly a sunrise or sunset, with a soft, ethereal quality. The person's face is partially visible, looking upwards. The overall mood is one of spiritual uplift and devotion.

Sondag 3 Mei

Uit die stof weerklink die lof.


Klaagliedere 3: 18-24

Ds Natalia Strydom

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. The background is a soft, out-of-focus sunset or sunrise, with warm orange and yellow tones. The person's face is partially visible, looking upwards. The overall mood is one of devotion and hope.


Here onse God,
U was nog altyd 'n rusplek vir pelgrims,
vreemdelinge, mense onderweg;
baie mense in ons wêreld, land en stad is moeg.

**Here, ons smag na rus en herstel...
Lei U ons Heer deur hierdie duisternis.**

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. The background is a soft, warm sunset or sunrise, with a bright light source in the center, creating a hazy, golden glow. The person's face is partially visible, looking upwards. The overall mood is one of spiritual seeking and hope.

Ons dae is gevul met vrae
waarop ons nie altyd die antwoord ken nie –
en as ons dit ken,
het ons nie genoeg moed
om daad by die woord te voeg nie.

**Here, ons smag na rus en herstel...
Troos en lei ons deur U Gees van Waarheid!**

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. They are wearing a light-colored, possibly white, long-sleeved garment. The background is a soft, out-of-focus sunset or sunrise sky, with warm orange and yellow tones near the horizon and cooler blue and purple tones higher up. The person's face is not clearly visible, but their hands are open and palms facing upwards.


Ons is moeg
vir al die sosiale euwels om ons
–armoede en onderdrukking.

Ons is stukkend oor al die vervreemding
en verwydering
in ons verhoudinge met mense om ons.

Ons is gefrustreerd as gevolg van ons onsekerheid.


Ons is besorg oor die toekoms
van die jong mense in ons land.

Oor ons besighede

A person is shown from the chest up, with their arms raised in a gesture of prayer or supplication. The background is a bright, hazy sunset or sunrise sky, with the sun low on the horizon, creating a warm, golden glow. The person's face is partially visible, looking upwards. The overall mood is one of hope and seeking help.

Ons sug saam met die skepping.
n Siekte wat onkeerbaar
die gang van die wereld verander het.
Ons is bang om die realiteit vierkantig in die oë te kyk.


**Here, ons smag na rus en herstel ...
Gee ons weer u droom
en hoop vir ons lewe
en land!**

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. The background is a bright, hazy sunset or sunrise, with a warm orange and yellow glow. The person's face is partially visible, looking upwards. The overall mood is one of hope and faith.

Ons kerk en gemeente ervaar
aanslae wat ons diep seer en bekommerd maak.

Mense leef met vertwyfeling en onsekerheid.

**Here, ons smag na rus en herstel ...
Laat ons op U alleen bou en vertrou!**

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. They are wearing a light-colored, possibly white, garment. The background is a soft, out-of-focus sunset or sunrise sky, with warm orange and yellow tones near the horizon and cooler blue tones at the top. The person's face is not clearly visible, but their hands are open and palms facing upwards.

Laat ons opnuut na mekaar kyk
met versoenende blik.
Laat ons weer sien
hoe ons aarde onder 'n oop hemel leef,
En laat ons jubel en roem in U alleen.


**Here, ons smag na rus en herstel ...
Laat die Nuwe Lewe vandag deur ons vloei!
AMEN**

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. The background is a soft, out-of-focus sunset or sunrise sky with warm orange and yellow tones. The person's face is partially visible, looking upwards.

SKRIFLESING:

1983 Vertaling, Klaagliedere 3:18 – 24

“Ek het gedink dit is klaar met my
en met my hoop op die Here.
Die gedagte aan my ellende
en my vreemdelingskap is gal en gif vir my;
as ek daaroor nadink,
draai my gedagtes vas.

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. They are wearing a light-colored, possibly white, garment. The background is a soft, out-of-focus sunset or sunrise sky, with warm orange and yellow tones near the horizon and cooler blue tones at the top. The text is centered over the image.

Maar dít sal ek ter harte neem
en om dié rede bly ek hoop:
deur die liefde van die Here het ons nie vergaan nie;
daar is geen einde aan sy ontferming nie,
dit is elke môre nuut.
U trou is groot.
Ek sê vir myself:
Die Here is my lewe,
daarom hoop ek op Hom.
Die Here is goed vir wie op Hom bly hoop...

SKRIFLESING:

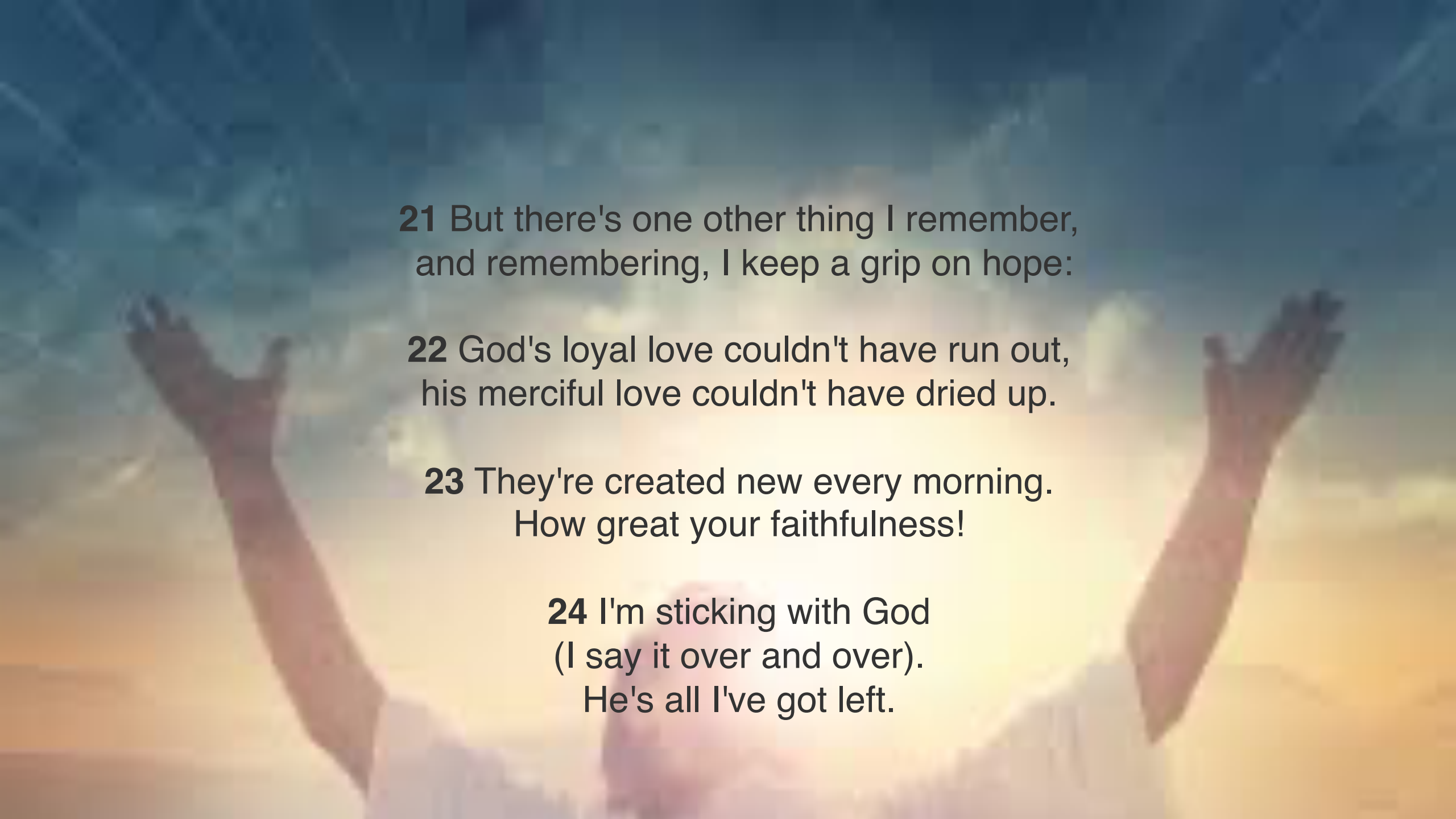
The Message, Klaagliedere 3:21-33

8 I said to myself, "This is it. I'm finished.
God is a lost cause."

It's a good thing to hope for help from God

19 I'll never forget the trouble,
the utter lostness,
the taste of ashes, the poison I've swallowed.

20 I remember it all
- oh, how well I remember - the feeling of hitting the bottom.

A person is shown from the chest up, with their arms raised in a gesture of prayer or praise. They are wearing a light-colored, possibly white, long-sleeved shirt. The background is a soft, out-of-focus sunset or sunrise sky, with warm orange and yellow tones near the horizon and a darker blue at the top. The person's face is partially visible, looking upwards.

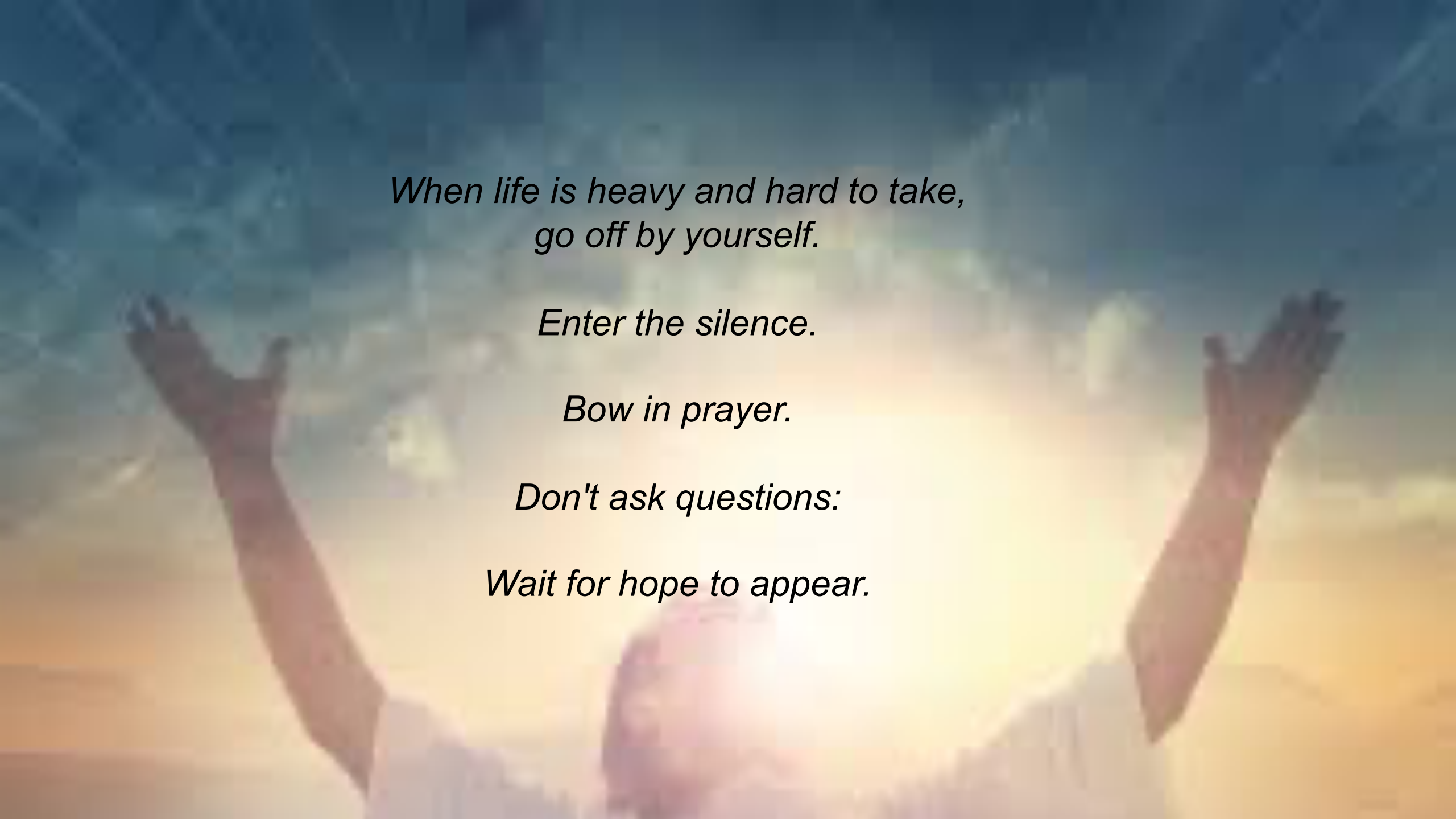
21 But there's one other thing I remember,
and remembering, I keep a grip on hope:

22 God's loyal love couldn't have run out,
his merciful love couldn't have dried up.

23 They're created new every morning.
How great your faithfulness!

24 I'm sticking with God
(I say it over and over).
He's all I've got left.



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*When life is heavy and hard to take,
go off by yourself.*

Enter the silence.

Bow in prayer.

Don't ask questions:

Wait for hope to appear.



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Ek sê vir myself:

Die Here is my lewe,
daarom hoop ek op Hom.

Die Here is goed
vir wie op Hom bly hoop,
vir die mens wat na sy wil vra;
dit is goed om geduldig te wag
op die hulp van die Here;

Seën

*God bly met jou, waar jy ook mag gaan.
As ons struikel, trek die Vader
deur sy liefde ons weer nader -
God bly met jou, waar jy ook mag gaan.*

*God bly met jou, waar jy ook mag gaan.
In gevare, angs en lyding
bied sy almag ons bevryding -
God bly met jou, waar jy ook mag gaan.*

(Uit Liedboek 269:3 & 4)